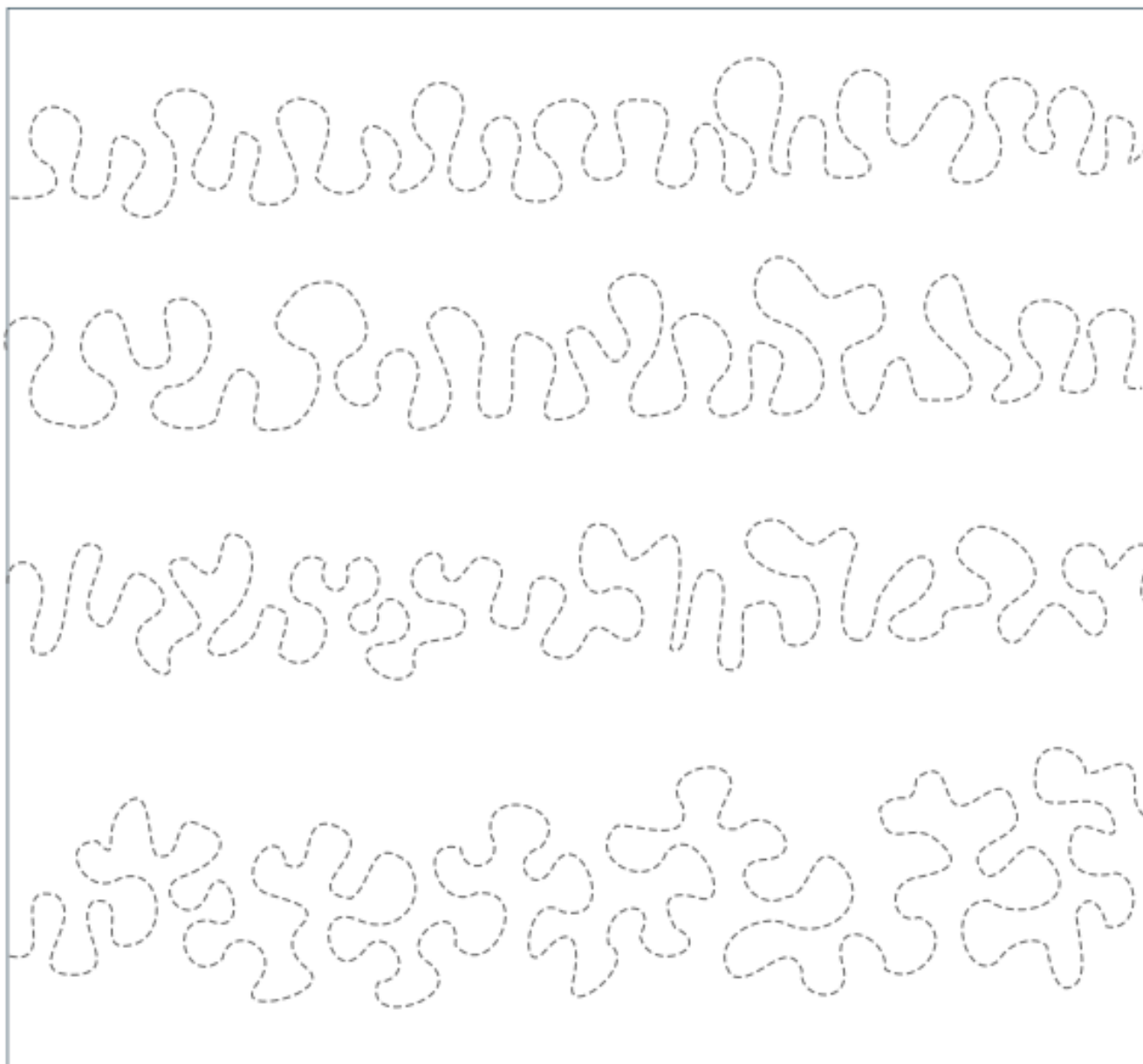





FREE MOTION QUILTING DOODLE PRACTICE SHEET

This printable is made by Amira of www.thelittlemushroomcap.com for a Free Mini Course of
Free Motion Quilting for Beginners



Practice the doodle above by tracing along the dotted lines. Notice that each row is adding a new element to the previous row forming a more random variation of wiggles and bumps. Practice as much as possible to build your muscle memory. This will be useful when free motion quilting similar motif on the sewing machine. Have fun!